

AMENDED IN ASSEMBLY APRIL 29, 2024

AMENDED IN ASSEMBLY MARCH 18, 2024

CALIFORNIA LEGISLATURE—2023–24 REGULAR SESSION

## ASSEMBLY BILL

**No. 2865**

---

**Introduced by Assembly Member Wendy Carrillo**

February 15, 2024

---

An act to amend Section 51203 of the Education Code, relating to pupil instruction.

### LEGISLATIVE COUNSEL'S DIGEST

AB 2865, as amended, Wendy Carrillo. Pupil instruction: excessive alcohol use.

Existing law prescribes required courses of study in grades 1 to 12, inclusive. Existing law requires instruction upon the nature of alcohol, narcotics, restricted dangerous drugs, and other dangerous substances to be included in the curriculum of all elementary and secondary schools, and instruction on the effects of those substances upon prenatal development to be included in the curriculum of all secondary schools, as provided. Existing law requires the governing board of the school district to adopt regulations specifying the grade or grades and the course or courses in which that instruction shall be included, as provided.

This bill would require the above-described instruction on the nature and effects of alcohol to include information about excessive alcohol use and the short-term and long-term health risks of excessive alcohol use. The bill would require this instruction to include information about excessive drinking, the immediate effects of alcohol that increase the risks of harmful health conditions, and how excessive alcohol use can lead to the development of chronic diseases and other serious problems,

including *alcohol-related deaths and* mental health problems. By imposing obligations on local educational agencies, the bill would impose a state-mandated local program.

The California Constitution requires the state to reimburse local agencies and school districts for certain costs mandated by the state. Statutory provisions establish procedures for making that reimbursement.

This bill would provide that, if the Commission on State Mandates determines that the bill contains costs mandated by the state, reimbursement for those costs shall be made pursuant to the statutory provisions noted above.

Vote: majority. Appropriation: no. Fiscal committee: yes.  
State-mandated local program: yes.

*The people of the State of California do enact as follows:*

1     SECTION 1. Section 51203 of the Education Code is amended  
2     to read:  
3     51203. (a) Instruction upon the nature of alcohol, narcotics,  
4     restricted dangerous drugs as defined in Section 11032 of the  
5     Health and Safety Code, and other dangerous substances and their  
6     effects upon the human system as determined by science shall be  
7     included in the curriculum of all elementary and secondary schools.  
8     (b) Instruction on the effects of alcohol, narcotics, restricted  
9     dangerous drugs as defined in Section 11032 of the Health and  
10    Safety Code, and other dangerous substances upon prenatal  
11    development as determined by science shall be included in the  
12    curriculum of all secondary schools.  
13    (c) Instruction on the nature and effects of alcohol pursuant to  
14    this section shall include information about excessive alcohol use  
15    and the short-term and long-term health risks of excessive alcohol  
16    use. This instruction shall include information about excessive  
17    drinking, the immediate effects of alcohol that increase the risks  
18    of harmful health conditions, and how excessive alcohol use can  
19    lead to the development of chronic diseases and other serious  
20    problems, including *alcohol-related deaths and* mental health  
21    problems. The instruction about mental health problems may  
22    include instruction about depression and anxiety.  
23    (d) The governing board of the school district shall adopt  
24    regulations specifying the grade or grades and the course or courses  
25    in which the instruction with respect to alcohol, narcotics, restricted

1 dangerous drugs as defined in Section 11032 of the Health and  
2 Safety Code, and other dangerous substances shall be included.

3 (e) All persons responsible for the preparation or enforcement  
4 of courses of study shall provide for instruction on the subjects of  
5 alcohol, narcotics, restricted dangerous drugs as defined in Section  
6 11032 of the Health and Safety Code, and other dangerous  
7 substances.

8 SEC. 2. If the Commission on State Mandates determines that  
9 this act contains costs mandated by the state, reimbursement to  
10 local agencies and school districts for those costs shall be made  
11 pursuant to Part 7 (commencing with Section 17500) of Division  
12 4 of Title 2 of the Government Code.